

THE HSP NEWSLETTER  
ISSUE 2, SEPTEMBER 2010

Welcome to the second issue of our newsletter! It's been an exciting month with the website gaining more exposure and our Yahoo Group attracting many conversations. If you're new to the network, it's great to have you on board. Please feel welcome to participate however you feel comfortable and contact us if there is anything you would like to share or know. That also applies to existing members too of course!

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WEBSITE

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The website continues to attract HSP's from Australia and New Zealand. Please share the link with friends and family who may gain benefit from finding out more about the trait:

[www.hspnetwork.com.au](http://www.hspnetwork.com.au)

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JOIN OUR YAHOO GROUP

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Wow, it didn't take long for the group forum to grow into an active HSP community! It's a wonderful age we live in when we get to share our joys and concerns about being HSP with like-minded people from all over AUSNZ in a safe and nurturing environment.

To joining the hsp-oznz group go to:

<http://groups.yahoo.com/group/hsp-oznz>

To post a message:

[hsp-oznz@yahoogroups.com](mailto:hsp-oznz@yahoogroups.com)

To contact the moderator:

[hsp-oznz-owner@yahoogroups.com](mailto:hsp-oznz-owner@yahoogroups.com)

"This Month's Focus" Segment

Our topic for October is carrying on from an existing forum discussion:

"How to Make Friends and Grow Relationships"

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HSP MEETINGS

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Apart from South East Queensland we haven't had much response about people wanting to set up groups in their areas. If you are interested in participating in or facilitating meetings in your area, please contact us.

If you live in or around the Gold Coast, Toowoomba or Sunshine Coast, and would like to get involve in a proposed group please contact us.

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PROFESSIONAL SUPPORT NETWORK

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As I mentioned in the last newsletter, if you offer a service that is helpful to HSPs (or you know someone who does) then please help us create a personal and professional network of support.

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MELBOURNE HSP NETWORK

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The inaugural meeting on 7 September was very successful and inspiring to all who came. Discussions are planned to decide on our next meeting to be held later in 2010 in Glen Waverley.

Contact: Trudy Brunton  
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NEXT ISSUE

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If you have something to contribute to the next newsletter, please email me at [tracey@momentum7.com](mailto:tracey@momentum7.com) or via the contact form at [www.hspnetwork.com.au/contact](http://www.hspnetwork.com.au/contact)

Until next time,  
Tracey